# THE BEACON

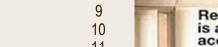






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beacon@aaworcester.org



I was at an AA club house in Oklahoma some years ago. I don't remember what city it was in, anyone I met there, or even what we talked about, but I do remember a sign they had:

#### "The losing side does not dictate the terms of surrender."

That sign reminded me that that my sobriety had actually started when I accepted the fact that I was a loser. I had lost every battle... the war. I had surrendered and accepted AA's "terms."

Accepting my status as a loser was not Step One, however. It was Step Zero:

#### I surrender!

Our sobriety requires our acceptance of defeat and then of AA's terms. So this month the focus is on acceptance.

– TCS







For some reason there are a number of rumors floating around the AA community, and I would like to deal with them.

#### RUMOR 1:

The AA General Services Office is asking all groups to send their entire contribution for three months to them only.

**FALSE !** First of all, they would not do that because it would be against Traditions. What HAS been SUGGESTED at the District 25 meetings is that GSO and Intergroup need the contributions more that the District or Area do. That is because they have offices to maintain and staff as well as purchasing to supply books and other material.

#### RUMOR 2:

The Worcester Daily Choice ONLINE meeting has disbanded. **FALSE!** Members who chose to stay online after face-to-face meetings reopened voted to break off from the original meeting. It is now called Come As You Are. Same Zoom link, same time.

#### RUMOR 3:

Amazon is the best way to get AA books. **FALSE!** Amazon prices are higher than Intergroup's.

#### RUMOR 4 & 5:

GSO and The Grapevine want you to buy only from them. **FALSE!** Both GSO and The Grapevine recommend buying AA material through your local Intergroup or Central Office. That way your purchases help fund 12<sup>th</sup>-step work in your local area.

> Brandy Harris Office Manager



**OFFICE HOURS** 

Mondays

Tuesdays

Wednesdays

Thursdays

Saturdays

Sundays

Fridays

10-2pm

10-3pm

10-8pm

10-2pm

Closed

10-2pm

**CLOSED** 

The Beacon Published monthly by Worcester Area Intergroup 100 Grove Street Worcester, MA 01605 (508) 752-9000

**NEW SUMMER HOURS** 

**BEGINNING TUESDAY MAY 30TH** 

The Beacon, published monthly by Worcester Area Intergroup, 100 Grove St., #314, Worcester, MA, 01605. (508) 752-9000 <u>Beacon@aaworcester.org</u>

Back issues at aaworcester.org/E-Beacon/ebeaconnew.htm

Editors: The Cyber Sot & The Digital Drunk



The International Journal of Alcoholics Anonymous

## **Talking with Dr. Paul O.**

Through friends in California, I obtained the telephone number of Dr. Paul O., hoping to interview him for our Intergroup's newsletter. Dr. Paul is the author of the Big Book story "Doctor, Alcoholic, Addict," [Now "Acceptance Was the Answer"] which contains that famous passage on acceptance on page 449 [Now 417]. A bit nervous, I dialed the number. Dr. Paul himself answered. Here's an excerpt of what he said:

#### And Acceptance is...

And acceptance is the answer to *all* my problems today. When I am disturbed, it is because I find some person, place, thing or situation – some fact of my life – unacceptable to me, and I can find no serenity until I accept that person, place, thing, or situation as being exactly the way it is supposed to be at this moment. Nothing, absolutely nothing, happens in God's world by mistake. Until I could accept my alcoholism, I could not stay sober; unless I accept my life completely on life's terms, I cannot be happy. I need to concentrate not so much on what needs to be changed in the world as on what needs to be changed in me and in my attitudes.

AA Big Book, p 417

"I believe there are just two basic emotions: love and fear. All other emotions are just variations of those two. Stay out of fear and function in love. We're not here to figure out whether we're in His hands; we just have to act as if it is true. I used to write the letter L in ink on my palm to remind me of this. Then I got to thinking that the ink might be bad for my skin. Besides, it would always rub off. Well, recently, when vacationing in Mexico, I saw this guy with a tattoo that looked new. I asked him if he got it somewhere in Mexico.

From the archives

**April 2014** 

"No,' he said. 'My cousin here is a tattoo artist, and he adheres to strict safety and health standards.'

"So at age 81, I got my first tattoo: the letter L, for love, listen, like—and live as if everything is a pleasure. Everyone should have a tattoo."

Dr. Paul also talked with me a while about my upcoming marriage, his 70-year relationship with his wife, Max, and the importance of carrying the message. Then he signed off, saying: "Well, I have to cut this short. Have to take two newcomers to a meeting."

That was on April 25, 2000. Dr. Paul passed away on May 19, 2000. A group in California told me that this had been Paul's last interview. I was saddened to hear that but it had been exciting to meet a bit of AA history and comforting to hear how involved Paul still was with the AA program. He taught me that continuing to carry the message, we keep AA alive for the next person who walks through the door.





## Admitting Is Easy Accepting... That's Hard

I've always known what *acceptance* means, yet it never seemed to apply to me, my life, my choices, or my identity; until I became a member of Alcoholics Anonymous, that is. Suddenly, it became critical for me to accept and admit that I am an alcoholic and addict, and that my life becomes unmanageable whenever I am under the influence of any mood- or mind-altering substance.

I had no problem admitting that.

Accepting it was a different story.

My image of an alcoholic was distorted. It was someone who passed out in alley or streets; someone regularly sent to detox to dry out. I had witnessed many young people from my neighborhood die from liver failure and wet brain. I could not see doing the same. I know now that I drank alcoholically from the beginning. Whenever I drank, my purpose was to get so loaded that I passed out after bouncing off walls, falling down, being funny, popular; the life of the party. I thought I just partied a little too much or too often. I still had friends who wanted me around, people who bought me drinks. I was funny, too.

It took me at least 10 years in AA to accept that I am truly an alcoholic. I now am grateful to be able to admit it. It explains all of the things I did, the places I went, the way I thought, my behavior, etc. Everything I thought, did, and said while drinking and/or drugging came from my broken mind. My mind broke because I fed it a steady diet of alcohol and hard drugs. It explains why I became the addict/alcoholic that I am. It also explains why I am a member in good standing in Alcoholics Anonymous today.

So much of Alcoholics Anonymous is about *acceptance*. It is the tool that helps us to focus on ourselves. I use the Serenity Prayer often and daily to help me be a better person, to focus on the positive, to mentally support myself and my peers, to let go of all that does not serve me, to do things mindfully and thoughtfully, and to let go and ignore the small stuff. It's all small stuff, I heard.

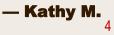
#### God grant me the Serenity to accept the things I cannot change. The courage to change the things I can. And the wisdom to know the difference.

The Serenity Prayer breaks everything down for me. I know I cannot change people, places, and things. I also know that I CAN change myself. That's the only change I can make.

I turn everything over to my Higher Power, to God. *Acceptance* tells us to relinquish control. God can take care of everything as long as we let go of it. I admit and accept defeat in order to realize the power-lessness I feel over my disease and the unmanageability it brought into my life.

If we don't let go and stop trying to control everything we will be letting our addiction run the show again. Never a good idea. We accept what we cannot change. We work on what we can: our own choices, thinking, actions and behaviors. We use the 12 steps and a trusted sponsor to create and nurture a strong connection to a Higher Power.

I am a happier, calmer, more connected person thanks to my accepting my disease. I now lean on my AA support network and work with my sponsor. I am committed to daily readings, attending meetings, venting everything I'm feeling in safety and not using alcohol or drugs. I accept AA and I know if I follow the AA way I will be alright in my recovery. I also accept myself the way I am, a recovering alcoholic growing healthier every day: mentally, physically and spiritually.





## Accepting My Alcoholism... Easy Accepting Myself... Hard!

When I got sober, I could accept my alcoholism a lot more easily than I could accept myself: who I had been, who I was, who I should have been.

At the time I lived alone in a house with a wife and three children who loved me. I knew they loved me, but I couldn't figure out why. I didn't love myself. I didn't even like myself.

But I didn't have to do either. You loved me and told me you would keep on loving me until I learned to love myself. But first I had to learn to like myself, and that meant that I had to accept who I actually was, a drunk whose default mode was self-pity. I didn't drink to feel better. I drank so I didn't feel anything at all. When I had enough to drink I could even forget who I was as well as all the opportunities I had missed, the promises I had broken, the mistakes I had made. I was a loser, a failure, a drunk.

The program taught me that I am more. I am a child of God, a sober alcoholic, and a human being who, like every other human being, makes mistakes. And while I go on making mistakes in sobriety, I can now learn from them and not keep making the same ones over and over again.

In fact, I was taught that if I am not making mistakes, I'm not trying anything new, not growing, not learning.

One of the most important lessons I learned in early sobriety is that God doesn't make junk. What I was, when I got sober, was an excellent example of good raw materials and sloppy, shoddy, and slovenly workmanship. But I was salvageable, a fixer-upper. I could rebuild myself into something a bit closer to the original blueprints.



Before I could do any of that, however, I had to accept not only what I had done and become, but also that if I worked the program and asked for help and guidance from God, my sponsor, and friends and family, I could rebuild my life, and, in the process, learn to love and even like myself.

#### 

<sup>66</sup>Happiness can only exist in acceptance ??

Ceptance?? pea George Orwell

Acceptance looks like a passive state, but in reality it brings something entirely new into this world. That peace, a subtle energy vibration, is consciousness.

— Eckhart Tolle



## Acceptance! Sometimes It's an Excuse

The Big Book tells us, on page 417, that acceptance is the answer to all our problems today. In The Serenity Prayer we ask for the serenity to accept the things we cannot change. We have learned, many times the hard way, that we have no control over people, places and things.

Does all this mean I am totally powerless over my life and must accept everything as it comes? I don't believe that has to be.

An article on Solutions of North Texas, *(sontx.org)* says, "the passage on page 417 of the Big Book is one of the most misused, manipulated, and misunderstood passages." It goes on to say, "While it helps us avoid blame, resentment, and self-pity in certain circumstances, it's often misused".

"It's the will of God, so get over it."

"You should just take things as they are with a smile."

"I guess I can't do anything, so I'll just roll over and take it."

None of this is helpful. Also, "Acceptance in this form discourages action rather than inspiring change."

The writer says, "Acceptance is not THE answer. Acceptance is the first step in finding the answer." I agree.

Let's get back to the Serenity Prayer. So many of us focus on the first line, and ignore the second and third, asking for comfort and peace of mind, relieving us of the responsibility of effort.

Accepting the truth is the First Step. I am an alcoholic, and therefore, I am powerless over alcohol. Now, what am I going to do about it? Not just sit and stew. I'm going to do something. This is when Alcoholics Anonymous comes in. They have a 12-Step program that allows me to accept my alcoholism, while at the same time, also allows me to get into action and do something about it.

I realize some things cannot be changed and we shouldn't beat our head against a wall because of that. What we can do is change some of the situations we find ourselves in. We can also change ourselves so that we can accept our new reality as alcoholics.

So, is acceptance the key? Obviously, it's yes and no.

"God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference."

— Beth H.

#### 

What you deny or ignore, you DELAY. What you accept and face, you CONQUER.

#### "Understanding is the first step to acceptance, and only with acceptance can there be recovery."

J.K. Rowling

Harry Potter and the Goblet of Fire

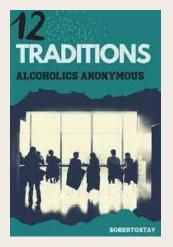
"You couldn't relive your life, skipping the awful parts, without losing what made it worthwhile. You had to accept it as a whole -- like the world, or the person you loved."

- Stewart O'Nan

#### **Tradition Five:**



#### Each Alcoholics Anonymous group ought to be a spiritual entity having but one primary purpose—that of carrying its message to the alcoholic who still suffers.



The 12 Steps are how individual alcoholics get and stay sober. The 12 Traditions are how individual AA groups, as well as intergroups, districts, areas, and other AA bodies all around the world continue to function and work together to carry the message.

In continuing the series that Bill W. wrote for the AA Grapevine that ran from November 1969 through September 1971, this month we are looking at Tradition Five.

While the checklists were originally intended primarily for individual use, many AA groups now use the traditions as a basis for a group inventory and wider discussion.

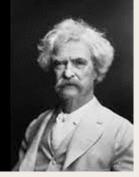
- 1. Do I believe I have something to offer another alcoholic?
- 2. Am I willing to explain firmly to a newcomer the limitations of AA help? Do I help my group in every way possible to fulfill its primary purpose?
- 3. Am I mindful that AA old-timers can also be alcoholics who still suffer? Do I try to help them as well as learn from them?
- 4. Am I willing to do 12-step work regardless of what is in it for me?
- 5. Do I share my knowledge of AA tools with others?
- 6. Do I make certain to carry the AA message and not just my own opinion?

"If you accept the expectations of others, especially negative ones, then you never will change the outcome."



#### 

A man cannot be comfortable without his own approval



"We can never obtain peace in the outer world until we make peace with ourselves."

- Dalai Lama XIV

Mark Twain



"Accept – then act. Whatever the present moment contains, accept it as if you had chosen it. Always work with it, not against it." – Eckhart Tolle

Sometimes, the simple solution is acceptance.

"Not everything that is faced can be changed. But nothing can be changed until it is faced."

– James Baldwin

"Acceptance of one's life has nothing to do with resignation: it does not mean running away from the struggle. On the contrary, it means accepting it as it comes, with all the handicaps of heredity, of suffering, of psychological complexes and injustices."

— Paul Tournier





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"Acceptance doesn't mean resignation; it means understanding that something is what it is and that there's got to be a way through it." - Michael J. Fox



#### **Acceptance is the answer!**

When I first came into AA, I attended a lot of beginner's meetings. I needed to hear steps 1,2,3, over and over, week after week before I could begin to feel comfortable in my own skin. The first thing I learned came from Step One. It says, "we admitted we were powerless over alcohol and that our lives became unmanageable." Not to accept step one in its entirety makes trying to complete the other eleven steps meaningless. Why complete the work if you do not think you have a problem? Accepting my defeat from alcohol was key to my way of beginning a new life. And I was willing to do the work necessary to change my life.

Many meetings close with the Serenity Prayer. The word acceptance comes up twice. First with *"to accept the things I cannot change."* The second time it is mentioned is in the long form of the prayer where the second stanza says" *Accepting hardships as a pathway to peace."* 

The journey to sobriety is not simple. There will be struggles that revolve around your alcoholism. From staying away from the bottle to cutting off ties to people who will challenge you in your journey. Accepting that the obstacles exist and still choosing to continue making this life-changing decision shows strength and courage. Acceptance was key to helping me overcome my alcoholism. Accepting the hardships in my life helped me face and deal with them.

Nobody can make the world or their life safe and free from problems, but by accepting that they are there and then dealing with them, we can feel at peace. Sometimes things do not work out quite as we hoped they would - but that is not a reason to give up hope.

I have found when I can accept me for who I am, I can begin to have serenity. I have a clearer picture of what is needed for me to change. You begin to see the Promises come true.

Good luck in your journey, ~ *The Digital Drunk* 



"Acceptance" as a key theme in Alcoholics Anonymous is best witnessed to by "The Serenity Prayer," often referred to (outside of A.A.) as "The A.A. Prayer". The prayer entered, unobtrusively, into G od grant me the Serenity

> to accept the things I cannot change, Courage to change the things I can, and the wisdom to know the difference.

Living one day at a time; Enjoying one moment at a time; Accepting hardship as the pathway to peace.

Taking, as He did, this sinful world as it is, not as I would have it;

Trusting that He will make all things right if I surrender to His will;

That I may be reasonably happy in this life, And supremely happy with Him forever in the next. – Reinhold Niebuhr

A.A. history in the year 1941. It was discovered in the In Memoriam column of an early June edition of the New York Herald Tribune. As Bill W. said in A.A. Comes of Age, "Never had we seen so much A.A. in so few words."

Ernest Kurtz: Not God: A History of Alcoholics Anonymous (p. 353).



## 95% is OK with Me

Most of the Alcoholics Anonymous meetings that I attend close with the Serenity Prayer. "God grant me the serenity to accept the things I cannot change, courage to change the things I can, and wisdom to know the difference." There are a lot of words synonymous with Serenity, and they all amount to what I would call, Peace of Mind.

. On page 417 in the book Alcoholics Anonymous it says "*And acceptance is the answer to all my problems today*." Bingo! So why has it taken me so long to settle on this simple sentence?

The desire to drink alcohol was lifted from me from my very first meeting in AA, and it has never returned. Prior to that, from the moment I woke up each morning until I got my first drink, I was an emotional wreck. The absence of that mental obsession to drink freed me up and I was highly influenced by the collective message of the meetings that I attended.

Over a long period of time, I started to recognize the cause and effect of my defects and shortcomings. And I began to address these issues with the help of the members of my group who seemed to have the answers for me.

#### **Clearing Up the Wreckage of the Past**

Dealing with the wreckage of the past and being in an environment where we talked about these issues made my journey much easier than I thought it would be. I had to deal with a failed marriage, child support, parenting issues, legal matters, and an assortment of life issues that stemmed from my neglect and irresponsibility.

One of the things that often goes unnoticed about the process of clearing up the wreckage of the past is that while doing this I had stopped making those mistakes that caused all my grief. As a result of practicing the principles I have learned in the AA program, I have regained the respect of my first wife and have been married over 50 years to my current wife. I got it right the second time around, but I did not dismiss my need to correct the damage done in my first marriage.

Having said all of that, where do I address the ac-



ceptance statement? It would be easy for me to rest on my laurels, as they say. But I am never finished when it comes to examining my motives or how I act today. If I were finished why would I still attend AA meetings?

#### Should I Accept All of Life's Inconveniences?

Over the years in the program, I noticed some habits that we alcoholics seem to discuss before and after a meeting. Such as the traffic on the highway, the red-light systems, not enough parking at the market, the inconvenience of a rainstorm, politics, and religion, criticizing other people places and things, etc.

For some reason, talking about these inconveniences seems to be my way of distracting attention from my own thinking and behavior. I cannot talk politics and religion over and over, and I am never going to change the percentages of those other people.

Continued on next page

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Continued from previous page:



To put it simply, there is a percentage of people driving on the highway who go faster than the speed limit, a percentage who go more slowly than the speed limit and others who may cut me off. That is never going to change. I have two choices when I am traveling on the highway: My first choice is to take it. My second choice is to leave it and take the back road. But wait, the speed limit is too slow on the back road; maybe I will take the highway.

All the issues that I have struggled with have pro and con percentages. I am never going to change that during this lifetime.

Today, I accept the things I cannot change. And as a result, I am at peace 95% of the time, which is good enough for me.

Rick R. Cleveland Alcoholics Anonymous







# A.A. DISTRICT 25 PRESENTS STEPPING STONES ROUNDUP



A.A. FOUNDERS' DAY SATURDAY JUNE 10 2023 8:00 A.M.-3:00 P.M.

ST. ANNE'S CHURCH 130 BOSTON TURNPIKE SHREWSBURY, MA 01545

CELEBRATE A.A. FOUNDERS' DAY BY ATTENDING THIS DAY OF DISCUSSIONS & WORKSHOPS ON A.A. FUNDAMENTALS -FEATURING FELLOWSHIP, FOOD, AND FUN!



YOUR \$10 INCLL

INCLUDES
 CONTINENTAL BREAKFAST
 BUFFET LUNCHEON
 RAFFLE PRIZES

Join us as we review the Three Legacies of Alcoholics Anonymous: Recovery, Unity and Service through presentations and interactive breakout sessions. Bring your questions for the Ask-it-Basket!



Questions? Contact: d25roundup@aaworcester.org

5 scholarships will be made available!





"Sometimes, when I reflect on all the beer I drink, I feel ashamed. Then I look into

the glass and think about the workers in the brewery and all of their hopes and dreams.

If I did not drink this beer, they might be out of work and their dreams would be shattered I think, it is better to drink this beer & let dreams come true, than be selfish & worry about my liver."

#### **Babe Ruth**

"Beer is proof that God loves us and wants us to be happy."

#### **Benjamin Franklin**

"24 hours in a day and 24 beers in a case. Coincidence? I think not!"

#### H. L. Mencken

"Without question, the greatest invention in the history of mankind is beer.

Oh, I grant you that the wheel was also a fine invention, But the wheel does not go nearly as well with pizza."

#### **Dave Barry**

"When I read about the evils of drinking, I gave up reading

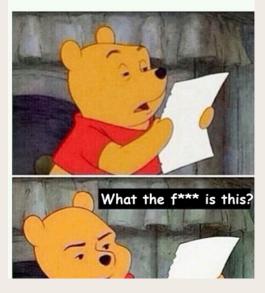
#### **Paul Horning**

"Remember 'l' before 'E,' except in Budweiser."

#### **Professor Irwin Corey**

**Crock by Bill Rechin** 

#### When you read "How It Works" for the first time





May 2023

## what's going on



	1 May 2023 - 31 May 2023					
May 2	Tue	7:30 PM - 8:30 PM District 25 GSR Meeting	Hybrid meeting (Zoom+in-person)         Salem Covenent Church         215 Mountain St East         Worester MA         Web link: zoom.us/j/311969752         Password: Sober2020         District 25 GSR meeting in-person & Zoom.			
May 4	Thu	7 00 PM - 8:30 PM District 24 GSR Meeting 7:00 PM - 8:30 PM District 26 GSR Meeting	Still meeting via Zoom only? Normally held on the 1st Thursday at 7 pm at Trinity Church on Elm Street in Concord. Zoom link: us04web.zoom.us//y9296006039?pwd=VUx2STJSdXRVZDFVS0pTY0ttVW9SUT09 Currently meeting in-person and on Zoom. Emmanuel Lutheran 1200 John Fitch Hwy Fitchburg MA			
May 8	Mon	6:30 PM - 8:30 PM Leominster Original 70th	See attached PDF for Zoom information. St Leo's Church, coffee 6pm, food 6:30 pm, meeting 7:30-8:30. See flyer			
May 9	Tue	7:30 PM - 8:30 PM District 23 GSR Meeting	District 23 GSR meetings the 2nd Tuesday, 7:30 pm at Faith Community Church, 146 E. Main St in Hopkinton and on Zoom.			
May 11	Thu	7.00 PM - 8.00 PM Worcester Area Intergroup Delegates Meeting	Online Zoom Link: zoom.usi//912007235 Passcode Sober2020 Dial in 1 646 558 8656 Conf# 912 007 235 # Passcode 025337 #			
May 13	Sat	6:00 PM - 9:00 PM Slices of Service	Enjoy slices of pizza and presentations on AA service as a part of recovery. See flyer for details.			
		6.00 PM - 7.00 PM PI Committee Meeting via Zoom 6.30 PM - 9.30 PM	PI joint committee meeting Join Zoom Meeting us06web.zoom.us//82792980756 Meeting ID: 827 9298 0756 Passcode: 206180			
May 18	Thu	Dudley Day At a Time 50th	Dudley Day At A Time 50th anniversary. Doors open 6:30, dinner 7-8, guest speakers 8pm. See attached flyer.			
		7:15 PM - 8:00 PM Alcathon Planning Meeting via Zoom	7:00 pm Alcathon Committee Meeting Zoom ID: 867 9652 7922 Password: Alcathon See attached flyer.			
May 19	Fri	6:00 PM - 8:30 PM Pepperell 49th	Food & fellowship 6 pm, guest speakers 7:30 pm. See flyer.			
May 21	Sun	10:00 AM - 4:00 PM Post Conference Assembly	Area 30 post conference assembly. Location, flyer & details to be supplied.			
May 27	Sat	6:30 PM - 8:30 PM Gardner Saturday Night 50th	Coffee 6pm, Food 6:30 pm, Guest speakers 7:30pm. See flyer.			
AA Events in Worcester and Metrowest Mass. Email: webmaster@aaWorcester.org						

## Acathon Planning Committee

- Thur May 18 7;15pm-8pm When
- Where Virtual
- Zoom ID: 867-9652-7922
- Passcode: Alcathon

## PI Joint Committee Meeting

When	Thur May 18 6pm-7pm
Where	Virtual
Zoom ID:	824-9298-0756
Passcode:	206180





## What's going on

PURPOSE OF REGIONAL

Districts 12&13 Present





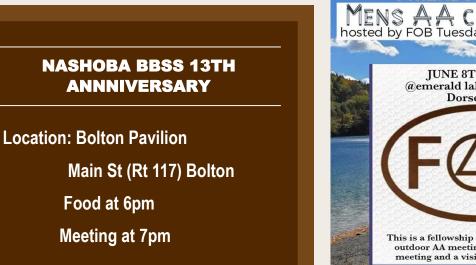
A meeting and pizza party with a panel of speakers sharing their experience, strength, and hope with service beyond the group level.

#### Saturday, May 13th, 2023 6PM-9PM

Arlington Street Church 351 Boylston Street, Boston, MA Doors Open at 6:00PM 7:00PM - Speakers, 8:00PM - Fellowship \*Pizza & Refreshments Will Be Served\*

Food at 6pm

Meeting at 7pm



beacon@aaworcester.org

#### NORTHFAST REGIONAL FORUM

#### June 2-4, 2023 Boston Marriott Burlington, Burlington, MA

You are invited to the Northeast Regional Forum!

Regional Forums are hosted by the A.A. General Service Board and "open" to all A.A. members or to anyone interested in A.A.

 Regional Forums are designed to enhance communication and participation between A.A. members, the General Service Board and staff and directors from the General Service Office and AA Grapevine.

Your Northeast Regional Trustee will moderate the event. You will also hear from General Service Office Staff Members, the General Manager, General Service PROGRAM Board Trustees, AA Grapevine Inc. Publisher and Staff, A.A. World Services, Inc. Director, your region's Delegates, and past trustees

- There will be presentations, workshops, panels, and more. There will also be sharing sessions that will allow you to comment and ask questions of the board and staff. A sample program is posted on aa.org under the Regional Forums tab.
- The event will take place on Friday from 6 p.m. 10 p.m. Saturday from 9 a.m. - 9 p.m., and Sunday from 9 a.m. - 12 p.m

#### REGISTRATION Registration is FREE and will open online at www.aa.org on March 6, 2023 INFORMATION All registration information is confidential and will not be used for anything except communicating about the event and sending the digital Final Report.

#### HOTEL Boston Marriott Burlington INFORMATION

- 1 Burlington Mall Road, Burlington, MA, 01803 Phone: (888) 236-2427 Hotel reservations: https://www.marriott.com/events/start.mi?id=
  - 1656440251662&key=GRP
  - Last day to book May 15th
  - Rate: Double Occupancy, \$159 per night US or Canadian To receive the group rate, refere ce the event

For more information, please contact, Regional Forums Staff Coordinator, at regionalforums@aa.org or call (212) 870-3120 **3rd Annual** NDS OF

We look forward to seeing you in Boston!



FOBmensAAcamping@gmail.com

## What's going on





70th Anniversary! Leominster Original Group

St. Leo's Church

128 Main St., Leominster MA, 01453

#### Monday, May 8th 2023

Come join us!!!! All are welcome!!!!

♦6:00 coffee and fellowship

\*6:30-7:30 food 💐

\*Meeting 7:30-9:00

\* Food and book donations are greatly appreciated!

\* Contact James S. @ 978-870-8740 for more info

#### DUDLEY DAY AT A TIME



Celebrates FIFTY YEARS of keeping the lights on and the doors open, enabling the sick and suffering to Find a Solution.

Date: Thursday, May 18, 2023 Meet and Greet: 6:30-7:00 Food: 7:00-8:00 Meeting with Anniversary Speakers: 8:00-9:30 Location: First Congregational Church 135 Center Road, Dudley, MA 01571

#### WHEN ANYONE ANYWHERE REACHES OUT FOR HELP, I WANT THE HAND OF AA ALWAYS TO BE THERE, AND FOR THAT, I AM RESPONSIBLE!



#### Pepperell Friday Night Meeting of Alcoholics Anonymous 49th Anniversary!

Pepperell Christian Fellowship 17 Main Street Pepperell, MA 01463

Please join us as we celebrate our 49th Anniversary

> Friday, May 19th 6:00 Food & Fellowship 7:30 Speaker Meeting



beacon@aaworcester.org

## **7TH TRADITION**

#### WORCESTER AREA INTERGROUP

	cester Area				
Group Name	Apr	Total 2023	Group Name	Apr	Total 20
Ashburnham Happy Joyous and Free	50.00	50.00	Paxton (both groups)		275.
Athol Back To Basics		0.50	Rochdale Big Book		50.
Auburn Group	200.00	200.00	Rochdale Recovery		50.
Aubum She Means Business	50.00	50.00	Shrewsbury BB Workshop		206.
Aubum Thursday Womens		30.00	Shrewsbury Eternal Vigilance	264.00	1,259.
Barre Women's Wisdom In Recovery		50.00	Shrewsbury Simple Steps	43.00	43
Berlin Candlelight		200.00			50
Boylston As Bill Sees It	60.00	60.00			200
Charlton Courage To Change		3.50	Sturbridge Key To Freedom		205
Charlton Daybreaker	438.95	1,986.30	Sturbridge Lighthouse 12x12	100.00	125
Charlton Life Second to None	200.00	200.00	Sturbridge Women's Destiny	_	25
Clinton Shamrock	100.00	100.00	Upton Spirit		250
Concord Solvah Camel		20.00	Uxbridge Sobah Sisters		56
Douglas Monday BB East Peoplefield Eviday Night Big Book		122.88 75.00	Warren New Beginnings Webster Farby Discort	202.25	300
East Brookfield Friday Night Big Book East Brookfield Noon	<b>I</b>	150.00	Webster Early Risers Webster Triton	202.25	220
East Brooktield Noon Fitchburg Newman	50.00	150.00	West Boylston Choices	149.00	220
Fitchioung Newman Foxboro Young Peoples	30.00	164.20	Westboro Forge	+	150
Foxboro Foung Peoples Grafton Common Bond	50.00	104.20	Worcester Acceptance & Attitudes	+	100
Grafton Common Bong Grafton Happy Joyous And Free	30.00	50.00	Worcester Acceptance & Attitudes Worcester BBSS	+	200
Grafton Reflections Group		67.00	Worcester Doos Worcester Come As You Are	196.00	445
Gratitude Gang	38.50	92.50	Wordester Crozier	40.00	120
Holden Open Air	00.00	50.00	Worcester Cruber	10.00	555
Hudson Second Chance		600.00	Worcester Friday Night 12 Step Discussion		50
Leicester Road to Recovery		110.50	Worcester Gratitude	-	100
Leominster Original		200.00	Worcester Green Hill Park Noontime	+	250
Living Sober (online)	10.00	210.00	Worcester Greendale	1	100
Milford Eye Opener	15.00	65.00	Worcester Hadwen Happy Hour	1	60
Millbury Spin to Win	1	163.00	Worcester Hi-Noon	1	200
Millbury Traditions		150.00	Worcester Joy Of Living		50
North Brookfield Sunset	50.00	125.00	Worcester Mid-Day		450
North Oxford One Day at a Time		100.00	Worcester Saturday Morning Step		25
Northboro Friday Big Book		30.00	Worcester Way of Sobriety	249.95	249
Northboro Saturday Morning		5.00	Column Totals	2,756.65	12,955
Northboro Thursday BB		200.00	Row Totals		12,955
Northboro Thursday Mid-Morning		5.00	Committes/Lias	ons	
Northboro Women of Courage and Dignity		120.00			
Northbridge G.O.Y.A.	125.00	125.00	, accarion		
MAL Stooring Comm	ittoo		Beacon Rich D./Stef	D.	
WAI Steering Comm	nitee		Bookie Ex-		
			change OPEN		
			Corrections OPEN		
Chair Jane P.					
Chair Jane P.			District 25 Matt S.		
Chair Jane P. Alt-Chair Ted K.					
Alt-Chair Ted K. Secretary Cathy H.			District 25 Matt S.		
Chair Jane P. Alt-Chair Ted K. Secretary Cathy H.			District 25 Matt S. District 26 Richard M. HALTLINE Sue W.		
Chair Jane P. Alt-Chair Ted K. Secretary Cathy H. Alr-Secretary OPEN			District 25 Matt S. District 26 Richard M.		
ChairJane P.Alt-ChairTed K.SecretaryCathy H.Alr-SecretaryOPENTreasurerKatie M.			District 25 Matt S. District 26 Richard M. HALTLINE Sue W. Public Infor-		
ChairJane P.Alt-ChairTed K.SecretaryCathy H.Alr-SecretaryOPENTreasurerKatie M.Alt-TreasurerOPEN			District 25 Matt S. District 26 Richard M. HALTLINE Sue W. Public Infor- mation Bill G.		
ChairJane P.Alt-ChairTed K.SecretaryCathy H.Alr-SecretaryOPENTreasurerKatie M.Alt-TreasurerOPENTrusteesLynne S.			District 25 Matt S. District 26 Richard M. HALTLINE Sue W. Public Infor- mation Bill G. Social Dante Q.		
ChairJane P.Alt-ChairTed K.SecretaryCathy H.Alr-SecretaryOPENTreasurerKatie M.Alt-TreasurerOPEN			District 25Matt S.District 26Richard M.HALTLINESue W.Public InformationBill G.SocialDante Q.TreatmentOPEN		

#### **Worcester Area Intergroup**

100 Grove St. Suite 314 Worcester, MA 01605

> Worcester Area Intergroup Summer Office hours: Monday 10-2 pm Tuesday 10-3 pm Wednesday 10-8 pm Thursday 10-2 pm Friday Closed Saturday 10-2 pm Sunday Closed







**New Summer Office Hours** begins May 30th

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#### To get the Beacon:

1]FREE via email Beacon@aaworcester.org (While this is free, a \$5 donation would be appreciated)

2]For a printed copy, follow directions in the form below.



Fill out and mail to Worcester Area Intergroup, Suite 314, 100 Grove St, Worcester, MA 01605. For a printed copy, please enclose \$25.00.00 payment for a one year subscription NAME ADDRESS CITY\_\_\_\_\_STATE \_\_\_\_ZIP\_\_\_\_

EMAIL ADDRESS\_\_\_\_\_