

CONNECTING INSIDE A.A MEMBERS TO THE OUTSIDE A.A. COMMUNITY

A.A. Corrections Prerelease Contact Information For A.A.s On the Inside

Dear A.A. Members,

In your area A.A. can arrange a Prerelease Contact for those soon to be released. If you are interested you can be matched upon release to an A.A. member in your home community.

This A.A. member will meet you at A.A. meetings, introduce you around, and help you get acquainted and comfortable in A.A.

Your Prerelease Contact is temporary only. They are there to support you, answer questions, and explain the A.A. program of recovery. They will not provide housing, food, clothing, jobs, money, transportation, or other such services. You will hear suggestions for sobriety and will be introduced to basic recovery tools—like sponsorship, one-day-at-a-time, A.A. literature and A.A.'s Twelve Steps.

Past experience has shown that attending an A.A. meeting as soon as possible after release is key to making a sober transition to life outside prison. Many of us have been where you are and know that the program of A.A. and its fellowship can do for you what it has done for us and countless others.

Complete the attached Prerelease form and mail it to the address indicated. Please do this three to six months prior to your release. The Corrections committee will then match you up with an A.A. Prerelease Contact in the community where you will be living. That person will write to you with information on how to contact him or her once you are released.

Adapted September 2008 from F-163

5M – 9/06 (PS)

A.A. Corrections Prerelease Contact Program Procedures

1. As an inside A.A. member you are eligible for this program if you are within three to six months of your release date.
2. Please fill in the attached form and mail it to the Corrections committee. You will find the address at the bottom of the Application form on page 3.
3. The Prerelease Contact will write to you to confirm contact. If the Prerelease Contact fails to contact you within a few weeks, you should write again.
4. You and the Prerelease Contact will set up a meeting at the time of your release. Please provide, on the prerelease form, such information as date of release, when you will arrive in the local area, and an address and phone number where you may be reached.
5. The Prerelease Contact will meet you at an agreed upon time and place to help you adjust to attending your first meetings in the local community.
6. Please remember that the Prerelease Contact is there to make your transition from “inside” to “outside” A.A. meetings as comfortable as possible. There is no “schedule;” it is up to you and your Contact to decide together when the time is right for the Prerelease Contact to rotate on to help someone new.

Central Service Committee
12 Channel Street, Suite 604
Marine Industrial Park
Boston, MA 02210
Messages: 800-332-4334
Email: cf@aaemass.org
Area 30 Website: <http://aaemass.org>

© 2004 A.A. World Services, Inc. www.aa.org

Prerelease Request

I am within six months of my release date. I am requesting an A.A. Contact who will provide a link for me to the A.A. community through meetings and introductions to other
Inmate Name: _____

Sex: M F

Age (for matching purposes): _____

DOC Number: _____

DOC Mailing Address: _____

City: _____

State: _____ Code: _____

Releasing to (Town or Area): _____

Date of Release: _____

Address after Release: _____

Phone No. after Release: _____

Please Mail to:

Central Service Committee
12 Channel Street, Suite 604
Marine Industrial Park
Boston, MA 02210

Messages: 800-332-4334

Email: cf@aaemass.org

Area 30 Website: <http://aaemass.org>

The “I” watermark represents an Inside A.A. member