

THE BEACON

The light at the end of the tunnel

Worcester Area Intergroup . 100 Grove Street . Suite 314 . Worcester, MA 01605



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We are Not a Glum Lot

We have been speaking to you of serious, sometimes tragic things. We have been dealing with alcohol in its worst aspect. But we aren't a glum lot. If newcomers could see no joy or fun in our existence, they wouldn't want it. We absolutely insist on enjoying life. We try not to indulge in cynicism over the state of the nations, nor do we carry the world's troubles on our shoulders. When we see a man sinking into the mire that is alcoholism, we give him first aid and place what we have at his disposal. For his sake, we do recount and almost relive the horrors of our past. But those of us who have tried to shoulder the entire burden and trouble of others find we are soon overcome by them.

So we think cheerfulness and laughter make for usefulness. Outsiders are sometimes shocked when we burst into merriment over a seemingly tragic experience out of the past. But why shouldn't we laugh? We have recovered, and have been given the power to help others.

Everybody knows that those in bad health, and those who seldom play, do not laugh much. So let each family play together or separately, as much as their circumstances warrant. We are sure God wants us to be happy, joyous, and free. We cannot subscribe to the belief that this life is a vale of tears, though it once was just that for many of us. But it is clear that we made our own misery. God didn't do it. Avoid then, the deliberate manufacture of misery, but if trouble comes, cheerfully capitalize it as an opportunity to demonstrate His omnipotence.

Big Book, pages 132-3



Going Through “The Change”

I am Jen. I am a 49-year-old and going through “The Change.” I am and always will be an alcoholic. In all honesty, looking back at my very first drunk, I drank alcoholically then.

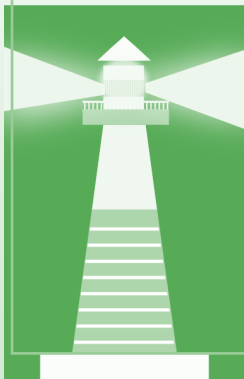
Some of you probably read the words “the change” and thought something completely different. But I am talking about the mental and spiritual change I have experienced over the past few years.

When I entered the halls a second time (because this alcoholic didn’t agree with the person who felt I needed the program in my 20s) I was desperate. I recognized that those that I love dearly who I thought I would do anything for came second to that chase for the feeling of numbness that alcohol gave me. The lightbulb finally went off that I had zero control over my drinking, and I needed help. I knew someone in the program, swallowed my pride, and asked for assistance. I entered the halls again willingly.

I tried sobriety myself time and time and time again. In the periods between drinks in the past I was miserable. I hid it well though. Until I couldn’t anymore and picked up again.

Fast forward to today. I am a changed woman. The program of AA is working for me. I am sober and happy. Of course, the ups and downs of life still happen, but the tools I have learned in AA are ones that allow me to deal with these things without even a thought of picking up. Attending meetings, check-ins with my sponsor, reading the literature and, of course, a relationship with a power greater than myself has allowed a beautiful change to continue to occur in me. I am so grateful for this.

— Jen D



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Digital Drunk

WRITERS NEEDED

THE BEACON NEEDS WRITERS TO SHARE THEIR STORIES; THEIR PERSONAL EXPERIENCE, STRENGTH, AND HOPE.

ARTICLES CAN BE SEVERAL PARAGRAPHS, OR SEVERAL HUNDRED WORDS. ANY TOPIC IS A GOOD TOPIC IF IT TIES TO YOUR SOBRIETY. THE DEADLINE IS THE 25TH OF THE MONTH FOR THE NEXT MONTH’S EDITION.

STEP 3

MADE A DECISION TO TURN OUR WILL AND OUR LIVES OVER TO THE CARE OF GOD AS WE UNDERSTOOD HIM.

**Keep On Stepping!**

I can't, He can, let Him. The essence of the first three steps. I've got one and two down.

Let's look at number three.

When I turned my will and my life over to the care of my Higher Power, did I end up like the guy in the 12x12 who was afraid of becoming "a hole in the donut?" No, of course not. I discovered that the hole in the donut was a good thing. Like the saying, "if life gives you lemons, make lemonade," I have made Munchkins out of the donut hole. (I could use a few right about now.)

With a little ego deflation and less self-centeredness, my life is much better after making that decision. Is everything rainbows and unicorns? Hardly. But it is much better when I'm not running the show alone.

Give it a try. What have you got to lose?

You have everything to gain.

Beth H.

Your Sobriety:



How Much Is It Actually Worth?

Yes, the money you throw into the basket or mail to your meeting treasurer covers expenses. It needs to do more.

It is both a privilege and a responsibility for groups and members to ensure that the group, Intergroup, local services, District, Area, and General Service Office remain self-supporting.

Self-support keeps AA free of outside influences that might divert us from our primary purpose — to help the alcoholic who still suffers.

While donations are secondary to the spiritual connection that unites all groups around the world, remember that a dollar does not go as far as it used to.

So:

1. How much do you normally toss in?
2. How much did your last drink cost?
3. In terms of your occupation, bank balance, family, health, and life itself... how much could your next drink cost?



HEARD AT A MEETING

Churches are for people who don't want to go to hell.

Spirituality is for people who have already been there.



About This Power Called God

A lot has happened since I came into the program and got sober. I realized that I'm an alcoholic, that my life is unmanageable, and found out that a "Higher Power" could restore me to sanity. Now in Step 3 I find out that the Higher Power mentioned in Step 2 is named God. We are asked to turn our will *and* our lives over to the care of this God. But what happens if I don't believe in God, believe in a different God than yours, or even multiple Gods. What do I do?

Before we answer that, let's first look at the step and break it down. The first part of the statement says that "We made a decision." Merriam-Webster defines the word decision as "determination made after continuous and careful thought." Hmmm, this made sense. When I first came in, I was told to pray for the relief of the obsession of the body and the compulsion of the mind. I was desperate, willing to do anything. I tried what they said. Eventually, I realized I had lost both the compulsion and obsession. It worked!

What a relief it was to get those flying monkeys back in the cage.

I could see what other members were doing and how it was working in their lives. I heard them talk about God, but this God was often referred to as a Higher Power, not a God associated with any religion. This wasn't religion, this was something different.

We often tell newcomers to do 90 meetings in 90 days, By the end of that time you will realize whether or not you have a drinking problem. It will also give you a better idea about God. Take the time for yourself, listen, question, and read AA literature. I did and made a decision "after continuous and careful thought." You have to decide for yourself.

Besides, the problem isn't about God in as much as it is about turning "our will and our lives over to the care of God (Higher Power) as we understand him."

I already knew that one drink would trigger the compulsion. I also knew that my best thinking was telling me it will be different... I

would be able to drink normally.

When Bill met Ebby in his kitchen he saw how he had changed, and that he had been sober for over two months. Bill knew the way Ebby drank and for Ebby to be sober for that long a time that it was because of a power greater than Ebby.

Watching others getting sober by turning their wills and lives over to a Higher Power gave me a pause for thought.

It's important to remember that it says "**made a decision**" to turn it over. God doesn't expect us to become saints. When we make the decision, we open ourselves to accept our Higher Power's Love and Grace. If you're full of resentments, anger, self-pity and remorse, it's hard to let God in. It's when we learn how to open up and allow that guidance in, our lives began to change.

I have completed a formal step three twice. Both times were memorable. One in at a chapel at a local hospital, the second time was at the chapel at St. Josephs Abby. Both times with my sponsor, holding hands and reciting the third step prayer:

God, I offer myself to thee, to build with me as Thou wilt. Relieve me of the bondage of self, that I may better do thy will. Take away my difficulties, that victory over them my bear witness to those I could help of Thy power, Thy love, and Thy way of life. May I do Thy will always!

The Digital Drunk





Tradition 3 (short form):
The only requirement for AA membership is a desire to stop drinking.



Tradition 3 (long form):
Our membership ought to include all who suffer from alcoholism. Hence we may refuse none who wish to recover. Nor ought AA membership ever depend upon money or conformity. Any two or three alcoholics gathered together for sobriety may call themselves an AA group, provided that, as a group, they have no other affiliation.



An AA Member is/is not...

What makes an alcoholic an alcoholic, an AA member? At first, for example, alcoholic women were not accepted. Then there's addicts. More about those two later.

“The only requirement for AA membership is a desire to stop drinking.” — Tradition 3

This is not the original membership requirement. The forward to the First Edition of the Big Book is more picky:

“The only requirement for membership is an honest desire to stop drinking.”

Somewhere between the 1939 1st edition and Bill's Grapevine article about the 3rd Tradition in 1949, the word “honest” disappeared.

Some meetings use “honest” as an excuse not to sign court cards because they have been ordered to attend. No *honest* desire, so they are not “real AAs.”

They also point out AA doesn't work for the court system. We don't.

We don't work for hospitals or recovery houses either, but accept their patients. We also take meetings to them and other institutions, such as jails.

Some have other reasons to deny membership.

I once wandered into a meeting that had a flyer saying no one could share unless they **“completed the steps as they are laid out in the Big Book of Alcoholics Anonymous with the guidance of a Step Sponsor from this type of meeting.”**

Since the right to share is part of being an AA member, people who don't have one of their sponsors and done the Steps their way are not real members, not AAs. That makes me (and my sponsor) what? Apprentice AA? Members of AAA?

I remember a meeting where a tearful newcomer started speaking in broken English. As his story progressed he abandoned English, switched to Spanish. He had to tell his story. The pain had to come out. Few understood him, but we all understood his pain, and accepted him. He was a real AA. And we let him know it.

AA groups have been setting their own membership rules for decades. AA historians tell us that in the 1940s, New York asked groups to list any “requirements” or “rules” they might have. When compiled, the list went on for pages. Had one club decided to adopt them all, no one would be admitted, let alone be allowed to share.

Some early groups also refused to allow women. According to Nell Wing, Bill's personal secretary for 20 years who later became AA's first archivist.



“It was difficult for a woman to approach AA in the late '30's or early '40's, and more difficult still to be accepted in an AA group. It was generally felt by male members that women had no place in an AA meeting where their presence was considered by many to be a disturbing factor.”

Some AA groups still set standards lest the wrong people get in; people who might stagger, stink, say something inappropriate, make others feel uncomfortable, or hurt someone's feelings in the same way that the mere presence of a woman once made early AA men uncomfortable.

And you can turn a meeting into a maelstrom by asking if non-alcoholic addicts can share. (see ... **Non-Alcoholic Addict...** page 6). I don't know how many meetings I have been to in the U.S., Canada, and Mexico over the years, but I don't think I have ever met a sober alcoholic who at some point did not stagger, stink, say the wrong thing, make others feel uncomfortable, or hurt someone's feelings. I know I did, even in sobriety. There are days I still do.

There are also a lot of “private” AA groups: men's meetings, women's meetings, gay meetings, as well as meetings for lawyers, pilots, cops, medical professionals, etc. Many AAs support them. I used to be a regular at a Men's stag. Some AAs claim they violate the 3rd Tradition because all are not welcome.

We are not called to like or even want to be in the same room as every drunk who wanders into a meeting; we are called to love them, and to be of service. Listening is being of service. Our listening to them shows that they do belong. We do care. They are worth listening to. They are one of us.

AA is a spiritual program. We adhere to the spirit of the program. Let editors, grammarians, lexicographers, sociolinguists, and philologists argue exact meanings of words and their connotations. Let lawyers argue about rules and laws.

Yes, Tradition Four states **“Each group should be autonomous except in matters affecting other groups or AA as a whole.”** But when a group that calls itself an AA group refuses to accept a drunk because of a court card or refuses to let them share because they lack an “approved” sponsor they are definitely **“affecting other groups and AA as a whole.”**

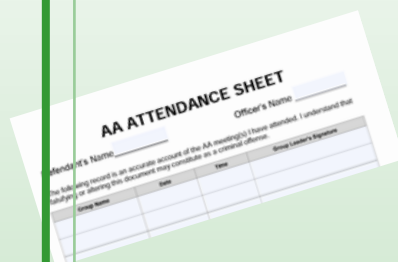
I can hear someone say: **“I went to an AA meeting once. They wouldn't even let me open my mouth. That AA is a load of crap.”**

Yes, newcomers don't always make sense; they babble and prattle. At times, so do I. The odds are that you do, too.

The Big Book is not a catechism to be memorized. It is not a script to be followed. It is not a rulebook. It is not a straitjacket. It introduces us to the program, a program that is a loose-fitting garment, and guides us into a sober and spiritual life. We need

to focus on the spirit of the program.

(Continued next page)



Singleness of Purpose:

Can a Non-Alcoholic Addict Join AA?

*Here are excerpts from a GSO pamphlet, **Problems Other Than Alcohol**, based on Bill's Grapevine writings.*

“The problem of drug addiction in its several forms lies close to us all. It stirs our deepest interest and sympathy. Many AAs, especially those who



have suffered these particular addictions, are now asking, what can we do about drugs—within our Fellowship, and without?” Here is a list of common questions:

- **“Can a nonalcoholic pill or drug addict become an AA member?**

No

- **“Can such a person be brought, as a visitor, to an open AA meeting for help and inspiration?**

YES

- **“If so, should these nonalcoholic pill or drug users be led to believe that they have become AA members?**

No

- **“Can a pill or drug taker, who also has a genuine alcoholic history, become a member of AA?**



Yes, Bill dropped the word “honest” out of the 3rd tradition.

I’m glad he did.

I did not have an “honest” desire at my first meeting. I just wanted to stop shaking, stop puking, stop hurting, and stop thinking about suicide. And I kept wanting to do those things for quite a while.

Honesty? There’s a lot of truth to the old joke:

“Do you know how to tell if an alcoholic is lying?

“Just check to see if their lips are moving.”

Honesty came later... after I realized I was welcomed and accepted as a member; not an apprentice or trainee... a member.

As Bill says in the long form of the tradition:

“Our membership ought to include all who suffer from alcoholism. Hence we may refuse none who wish to recover. Nor ought AA membership ever depend upon money or conformity...”

Yes, it is important to hear those who know the program, who’ve worked the steps, who talk about what it used to be like, what happened, and what it is like now. But I also need to hear newcomers who talk about what their “now” is; sharing their pain, confusion, frustration, anger; watching their souls bleeding out through their eyes.

I need to remember feeling the same way.

They are the people every AA meeting is here to serve, and by serving them we serve ourselves; by saving them we save ourselves.

The Cyber Sot



Concept III

As a traditional means of creating and maintaining a clearly defined working relation between the groups, the Conference, the AA General Service Board and its several service corporations, staffs, committees and executives, and of thus insuring their effective leadership, it is here suggested that we endow each of these elements of world service with a traditional "Right of Decision."

Right of Decision: What does that mean?

Groups and other AA entities rely on their Trusted Servants in most matters. Let's say your group's GSR goes to the District Meeting. A lot of information is presented there. One example of Right of Decision occurs when that GSR reports back to their group on items that they believe pertain to their group. Let's say an item is coming up for a vote at the District Meeting. The GSR brings information to their group for discussion. The group may feel strongly about the item, and normally the GSR would vote at the next District Meeting accordingly.



BUT let's say more information has become available about the issue than when originally presented. Instead of having the GSRs go back to the groups for more discussion, the GSR uses their Right of Decision by voting with the new information in mind EVEN IF that's not what their group first decided.

HEARD AT A MEETING



Resentment is the inability to control the past.

Anger is the inability to control the present

Fear is the inability to control the future.

This holds true with any Trusted Servant. The Area Delegate may get information not previously discussed at the General Service Conference. They would then vote accordingly.

It is important that Trusted Servants keep in mind what is best for AA as a whole when making decisions – and NOT what their personal preference is. They are there to vote on behalf of those who elected or appointed them.

Mutual trust is the key!

Brandy H.



Hi All,

We have four things to talk about this month:

1. Although some communities are lifting mask restrictions, our office is not. Masks are still required to keep our employees and their families safe.
2. We are now gathering contact information for all the groups. If a call comes in about a meeting that we can't answer, we would like to have two contacts to reach out to. These would also be the people authorized to contact us about group changes for our meeting lists.

Please go to the following to fill out the form for your group: <https://form.jotform.com/220377934534056>

3. Any changes to your groups must now be submitted by email to: meetings@aaworcester.org
That way we have way to track changes.
4. If you need large quantities of any of our products, please contact us before placing your order so we can make sure to have enough in stock.

Thank you all so much for your continued business and support!!

**Brandy H.
WAI Office Manager**

ARE THERE ANY RULES IN AA?

The absence of rules, regulations, or musts is one of the unique features of AA as a local group and as a worldwide fellowship. There are no bylaws that say a member has to attend a certain number of meetings within a given period. Understandably, most groups have an unwritten tradition that anyone who is still drinking, and boisterous enough to disturb a meeting, may be asked to leave; the same person will be welcomed back at any time when not likely to disrupt a meeting. Meanwhile, members of the group will do their best to help bring sobriety to the person if there is a sincere desire to stop drinking.

**FROM AA PAMPHLET:
FREQUENTLY ASKED QUESTIONS ABOUT**



God Sent Me a Screamer

Mine was a very public meltdown.

My mental health breakdown happened at a Friday Night speaker meeting in Pennsylvania when I learned my dogs had escaped from my yard in California, 2,500 miles away, and had attacked my neighbor's pet. I was outside screaming and crying, thinking my dogs were dead.

I was taken back to the hotel. A woman at the meeting, Linda, agreed to be my temporary sponsor.

Sunday morning, I had another fight with my husband, and started walking. As I was crossing a bridge I stopped. I thought about jumping: No! Yes! No!

I have enough physical problems to guarantee that I could go to an ER and get pain meds: No! Yes! No!

Instead, I called Rosie, a local AA, and she agreed to take me to the hospital psych ward where I was admitted under a 72-hour hold.

That first breakfast in the psych ward a woman began screaming. I dumped my breakfast and asked to go back to my room. I told the nurse I can't handle the screaming. Later, the same woman began screaming at a group activity, and kept on screaming.

Later, the nurse found me hiding in my room inside the corner of the shower crying and shaking. The nurse helped me over to the psych doctor.

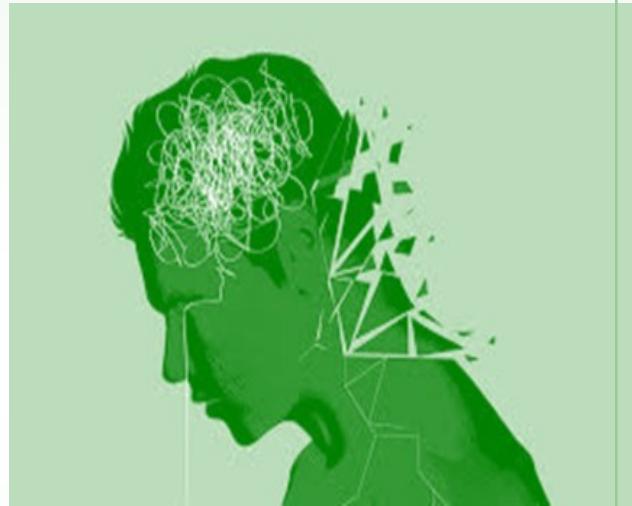
Was the screaming triggering my PTSD?

I sat quietly for a moment and then my Higher Power gave me a moment of clarity. A miracle. A Godshot! That woman screamed at the same pitch, the same volume, the same everything... as my mother.

That evening my husband and a program friend came to visit me. That's when the second Godshot hit. While we were visiting the screaming began again. My friend went into a seizure, just because of that sound.

The charge nurse finally sedated the screamer.

As I slept the night terrors hit. The screamer was in my dream. Then I felt a hand on me, something, that jolted me out of bed. I was awake. But I still heard the screaming. It was reality, not a dream. The screamer was just outside my room... in the hallway... screaming into the payphone.



(Continued next page)



She was my third Godshot.

I had to go home.



With dignity and grace supplied by my Higher Power, I told the doctor I recognized that the screaming took me back to my childhood. I needed to respond, not just react. I needed to leave.

Later that morning I was allowed to go home.

My Higher Power sent me a screaming woman who represented my mother. I could not see how bad my life would be until God sent that screaming woman at me in a psych ward. Before I picked up that phone that sunny June day and handed my life over to my Higher Power, I believed I needed to live in a psych ward because I couldn't function in the real world.

God had other plans for me.

Today I am a sober and somewhat sane member of AA. I have completed the steps several times and Linda's is still my sponsor. I am a productive member of society because God came screaming at me.

Christy H.



HEARD AT A MEETING

Once you work Step 3, you realize that the rest of your life is none of your business.

AA Around the World



Today, an AA presence can be found in approximately 180 nations worldwide, with membership estimated at over two million.

There are more than 123,000 AA groups around the world and AA's literature has been translated into over 100 languages.

Literature in English, Spanish and French is posted in PDF format at www.aa.org.

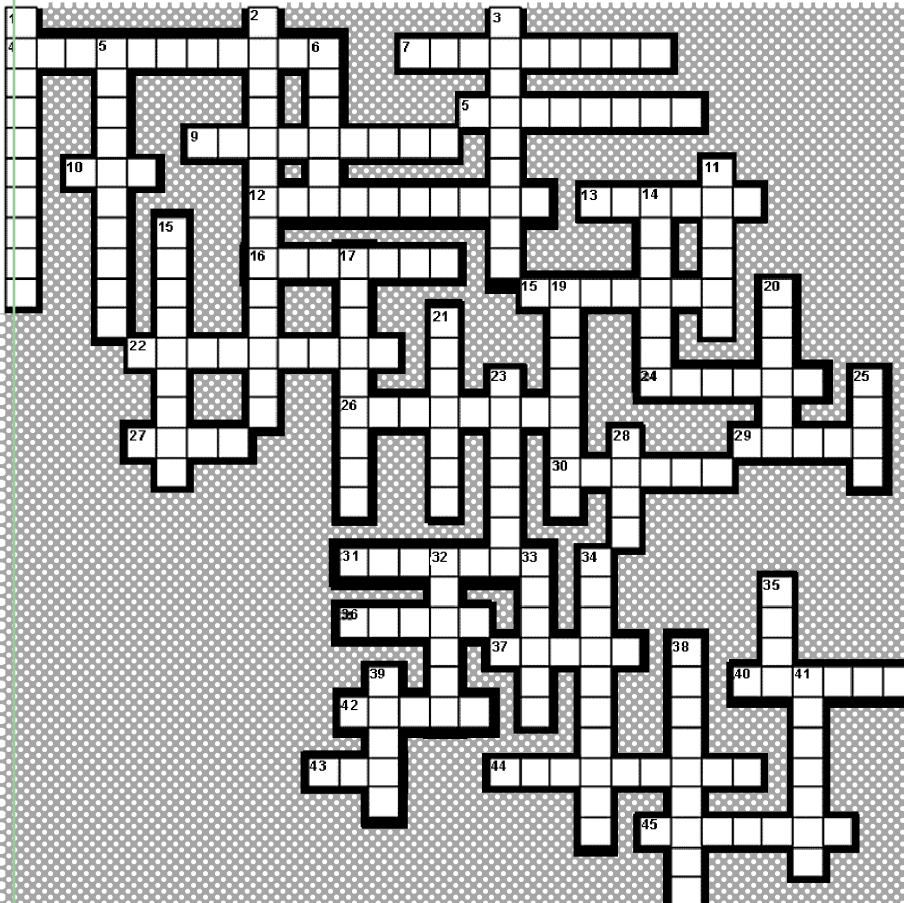
Readers can print one copy for personal use. A selection of books, booklets, pamphlets and other materials translated in other languages is available for purchase via AA's online bookstore.



We are not a Glum Lot!



Big Book & 12/12 Puzzle



Down

1. Cheerfulness and laughter make for _____
2. Three words used at end of most meetings
3. Fourth Step
5. AA Organization as a whole
6. Step where we "come to believe"
11. Asking for guidance
14. "Self-supporting" Tradition
15. A.A. Member
17. Your primary meeting (two words)
19. Step requiring prayer and meditation
20. First Serenity Prayer request
21. Second Serenity Prayer request
23. 12th Step: Carry the _____
25. _____ Does It
28. "Faith without works is _____"
32. Ninth Step
33. _____ have we seen a person...
34. "Number One" offender
35. Hard-nosed sponsor, aka "Big Book _____"
38. Spiritual _____
39. AA co-founder (two words)
41. Program mentor

Across

- | | |
|---|--|
| 4. Self-will run riot | 26. Granted one day |
| 7. Foundation of all our traditions | 27. Live and Let _____ |
| 8. _____ Prayer | 29. Twelve _____ |
| 9. AA co-founder (two words) | 30. Number of Steps |
| 10. First word of Serenity Prayer | 31. Meeting where only one member shares |
| 12. Sitting in silence | 36. What an _____! |
| 13. Avoid manufacturing this | 37. When to give advice |
| 16. More important than keeping sober | 40. Third Serenity Prayer request |
| 18. Came to _____ | 42. First Things _____ |
| 22. Sixth Step refers to defects of _____ | 43. Result until we let go absolutely |
| 24. _____ Power | 44. First Step admission |
| | 45. Primary AA resource (two words) |



WHAT'S GOIN ON



Quinsigamond Group reopening March 8th—New location

We have found a new location for our Tuesday AA meeting Emmanuel Lutheran Church 200 Greenwood St., Worcester meeting will start up on March 8 at 8 PM if we could announce it at other meetings hopefully we shall return to a healthy turn out. If you need to reach me about details my phone number is 781-726-1000 the name is Tom Baker secretary for Quinsigamond group

Location change

Auburn Happy Hour

Beginning March 14th Auburn Happy Hour will be moving to Hadwen Park Congregational Church located at 6 Clover street Worcester, Ma 01603 . We will be meeting on Monday, Wednesday, and Fridays from 5-6 pm .Monday is a Big book meeting ,Wednesday is a discussion meeting and Friday will be a step meeting. According to the pastor masks are optional and if you are not vaccinated we ask you wear a mask.

ALCOHOLICS ANONYMOUS SLOGANS

- Don't compare your insides to other people's outsides.
- You're as sick as your secrets.
- Humility is not thinking less of yourself, it's thinking of yourself less.
- Serenity isn't freedom from the storm; it is peace within the storm.
- Isolation is the dark room where we develop our "negatives."
- If you do what you always did, you'll get what you always got.
- You don't need to "find God"; He isn't lost.
- You can be just as crazy sober as you were drunk, you'll just remember it the next day.
- Expectations are preconceived resentments.
- If nothing changes, nothing changes.



7TH TRADITION

Worcester Area Intergroup Contributions as of 02/28/2022

Group Name	Jan	Feb	Total 2021
AA Member Contribution	196.80	483.00	679.80
AA Faithful Fiver Contribution	186.00	391.00	577.00
AA Coffee Can Contribution	11.65		11.65
Ashburnham Naukeag	450.00		450.00
Auburn Grapevine Group	80.00		80.00
Auburn Happy Hour	59.00	58.00	117.00
Boylston As Bill Sees It		75.00	75.00
Charlton Daybreaker	448.16	249.25	697.41
Charlton Life Second to None	162.50		162.50
East Brookfield Friday Night Big Book	100.00		100.00
Grafton Common Bond	55.00		55.00
Grafton Reflections Group		86.00	86.00
Harvard Catacombs III	75.00	100.00	175.00
Harvard Happy Joyous and Free	290.00		290.00
Holden Open Air	100.00	225.00	325.00
Hopkinton Enough Is Enough		20.00	20.00
Hudson Second Chance	600.00		600.00
Leicester Road to Recovery	23.00		23.00
Leominster Eye Opener		50.00	50.00
Living Sober (online)		125.00	125.00
Milford Eye Opener		30.00	30.00
Millbury Center Step		75.00	75.00
Northboro Friday Big Book	25.00		25.00
Northboro Women of Courage and Dignity		15.00	15.00
Shrewsbury Eternal Vigilance	391.50	399.00	790.50
Shrewsbury Simple Steps	50.00		50.00
Southbridge Noon Recovery Group		150.00	150.00
Southbridge Original		197.57	197.57
Transgender In Sobriety	50.00		50.00
Webster Early Risers		77.00	77.00
Webster Triton	200.00		200.00
Westboro Easy Does It	46.00		46.00
Westboro Get Well Slowly Step	103.00		103.00
Whitinsville G.O.Y.A.	350.00		350.00
Worcester Beginners Intro to AA		50.00	50.00
Worcester Come As You Are	300.00		300.00
Worcester Crozier	25.00	25.00	50.00
Worcester Daily Choice	230.00		230.00
Worcester Green Hill Park Noontime	423.27		423.27
Worcester Greendale			0.00
Worcester Hi-Noon		150.00	150.00
Worcester Mid-Day		120.00	120.00
Worcester Wednesday BBSS	150.00		150.00
Worcester Women's Gratitude		30.00	30.00
Column Totals	5,180.88	3,180.82	8,361.70

As Co-Chairs for the Worcester Area Intergroup / District 25 2022 Alcathon, we would like to make as many of our AA fellows as possible aware of our upcoming committee meetings. Last year we were met with some tension regarding the way the 2021 Alcathon was set-up and conducted (Zoom venue only). That being said, all AA fellows were and are invited to attend the Alcathon committee meetings. All comments and/or suggestions are welcomed and requested. No AA fellow is turned away from participating whether they come as a GSR, a WAI delegate, a group representative, or as an individual.

Let us look to our co-founder who was quoted in our Grapevine in May 1964, "Faith without work is dead – action is the magic word!" Bill Wilson.

Tradition Two tells us: "For our group purpose there is but one ultimate authority – a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern."

And lest we forget Tradition Five: "Each group has but one primary purpose – to carry its message to the alcoholic who still suffers."

If you have opinions, and you wish to have those opinions heard, you need to come to the meetings, send your WAI delegate, GSR, or representative, fill out the feedback form, or send an email to the Alcathon committee. With the exception of the new feedback form, all of these avenues listed are friendly reminders, as these options have been available right along. We strongly encourage all AA fellows to take one of these avenues to make your suggestions known. The contact avenues are listed at the bottom of this message, along with the meeting information. Flyers will be posted to Facebook, emailed to your GSRs, and WAI delegates, and presented at both district and intergroup meetings. All information can also be found on the Worcester Area Intergroup web page, District 25 web page, Alcathon web page, and the WAI Facebook page (see links below).

Next month (3/16/22 @ 7pm) the committee will be discussing the venue (i.e., In-person, Zoom, or Hybrid) We will be voting on the venue at July's meeting.

"Anyone can complain, and they should have the right to, but if you want to see change you must act. Actions speak louder than words. Don't complain about things, change things." – Benjamin Franklin

Please fellows, we urge you to get involved. We look forward to collaborating with you at the next Alcathon Planning Committee!

Yours in service and fellowship,

Heather (Intergroup Alcathon Co-Chair) & Norine (District 25 Alcathon Co-Chair)

Next meeting of the WAI/District 25 Alcathon committee: (this meeting takes place the third Wednesday EVERY month @ 7pm)

Wednesday, March 16 2022 7:00pm - 8:00pm

Zoom link:
[us06web.zoom.us/
j/86796527922](https://us06web.zoom.us/j/86796527922) Meeting ID:
867 9652 7922

Passcode: Alcathon

ALL ARE WELCOME TO ATTEND

URL to feedback form Feedback Form Link: <https://form.jotform.com/220165801278150>

Email Worcester Area Intergroup/District 25 Alcathon committee at: alcathon@aaworcester.org
Worcester Area Intergroup Webpage: www.aaworcester.org District 25 Webpage:
www.aamassd25.org

WAI/District 25 Alcathon Webpage: www.worcesteralcathon.com

Worcester Area Intergroup Facebook page: Search for Worcester Area Intergroup





Alcathon Planning Meeting 2022

Alcathon Planning Meeting

3rd Wednesday monthly

7:00pm - 8:00pm

Zoom link: us06web.zoom.us/j/86796527922

Meeting ID: 867 9652 7922

Passcode: Alcathon

ALL ARE WELCOME TO ATTEND

alcathon@aaworcester.org



URL to feedback form

link: <https://form.jotform.com/220165801278150>



SAVE *the* DATE

Alcathon Dates 2022:

Thanksgiving November Wednesday
23-Thursday 24, 2022

Christmas December Saturday 24
- Sunday 25, 2022

New Year's Saturday 12/31-
Sunday 1/1 2022-2023



Link to feedback form: <https://form.jotform.com/220165801278150>

URL to feedback form

Worcester Area Intergroup

Office hours:

Monday	10-2 pm
Tuesday	10-8 pm
Wednesday	10-8 pm
Thursday	10-2 pm
Friday	10-2 pm
Saturday	9-2 pm
Sunday	Closed



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